

Community Resource Associates, Inc.

736 Crab Thicket Lane
St. Louis, Missouri 63131
(314)821-3316
(314)821-2418 (fax)
cra@aol.com

**QUALITY OF LIFE FOR PERSONS WITH DISABILITIES:
THE KEY TO HEALTH IS CONTRIBUTION**

The concept of patient-centered care is well known to medical professionals. In most cases, medical professionals either see people episodically, in acute setting or older people in long term care.

Most children with disabilities will grow into adults with disabilities. While many will require medical care during periods of their lives, the real issue is one of ongoing support. But support is only part of the equation.

People with disabilities yearn for a meaningful life - not a program. The key to good physical health is good emotional health. The key to emotional health is the ability to contribute one's gifts.

This presentation will speak to the importance of contribution related to emotional, spiritual and physical health. People with disabilities are people first.