

**If It's My Life, It Must Be My Plan:
The Difference Between Person-Centered Planning and
System-Centered Planning**

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This presentation will challenge participants to rethink the current approach to planning for persons with disabilities. Whether it is called an IP, ISP, PFP or any other planning process, it cannot be driven by the system's need for funding compliance and program accountability if it is to be truly person-centered.

This presentation will involve participants in re-evaluating the current tools that are used in the planning process. Learning styles, alternative formats, and who controls the process all are determinants of what type of planning process this truly is.

The limits and possibilities of existing approaches will be explored in detail. Participants will be asked to change the planning approach for at least one individual they support to be truly person-centered rather than system-centered.