

**IF IT'S MY LIFE,
IT MUST BE MY PLAN**

*The Distinction Between
Person-Centered Planning and
System-Centered Planning*

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Self-Determination Vs. System Determination

System Determination

Assessment (ICAP, etc.)



Desired Team Outcomes



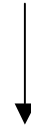
Level of Service
Level of Support
Level of Funding



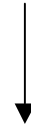
To Meet Outcomes of ISP

Self-Determination

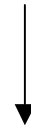
Person-centered Planning



Desired Life Outcomes



Assessment of
Supports Needed
(Supports Intensity Scale)



Intensity of Support
Needed
Level of Funding



To Meet Outcomes
of PCP

Individual and Chosen Allies

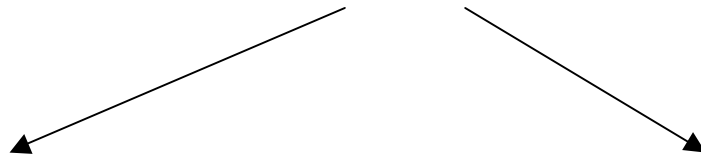
Develop Person-Centered Plan
(PCP)



Drives, Influences
System-Centered Plan
(ISP)



Yields



Desired Personal
Outcomes
(Generating Income
Personal Relationships
Enhanced Social Status)

Desired System
Outcomes
(Health, Safety, Options)

Individual Service Plan
(ISP)

Person-Centered Plan
(PCP)

System-centered

Person-centered

Health and Safety

Safe and Healthy Life

Important For

Important to

Compliance

Quality

Needs Then Wants

Wants Then Needs

Services

Supports

Interdisciplinary Team

Individual Team

Programs

A La Carte Menu

**If It's My Life, It Must Be My Plan:
The Difference Between Person-Centered Planning and
System-Centered Planning**

**Derrick F. Dufresne
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This presentation will challenge participants to rethink the current approach to planning for persons with disabilities. Whether it is called an IP, ISP, PFP or any other planning process, it cannot be driven by the system's need for funding compliance and program accountability, if it is to be truly person-centered.

This presentation will involve participants in re-evaluating the current tools that are used in the planning process. Learning styles, alternative formats, and who controls the process all are determinants of what type of planning process this truly is.

The limits and possibilities of existing approaches will be explored in detail. Participants will be asked to change the planning approach for at least one individual they support to be truly person-centered rather than system-centered.