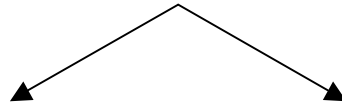


## GETTING A LIFE, NOT A PROGRAM

### WE MUST BREAK THE CYCLE



FOR THE PERSON	FOR THE CAREGIVER
Key Questions	
1. Where does the person live? (Did the person choose this place?)	1. Is our caregiver's style gentle? (Millon Inventory)
2. With whom does the person live? (Did the person choose this roommate)	2. Do our caregivers feel cared for?
3. How rich is the person's life?	3. Do our caregivers feel supported by their supervisors?
4. What does the person do when he/she is at home?	4. Do our caregivers have mentors and receive on-going training?
5. Does The Person Have Personal Relationships?	5. Do caregivers feel empowered to <u>act</u> and not just react?

**The key to preventing crisis is the building of warm, caring interactions between caregivers and those cared for.**

**In addition, caregivers need to be a bridge to the person developing a full rich life.**

*The key is not to keep data on how many times the person got out of bed in the morning, but to ask "Why would the person get up at all"*

*Adapted from Tom Nerney*